



PACEY Cymru spoke to Josephine a registered childminder and PACEY member from Swansea to hear about her experiences, insights and thoughts on race, equality and diversity and supporting anti-racist practice.

Tell us about yourself.

I'm originally from Ghana in the west of Africa and have been in the UK for the last 16 years.

Tell us about your own experiences of race.

It's been a very daunting journey. I remember vividly when we first came to Wales, my mum, my sisters, and I went shopping and people screamed at us to go back to where we come from. All I could think was that we were from Morriston, where else did they want us to go? It's a horrible thing and my mum felt it the most.

How do your own experiences influence your setting and practice?

I want the children to feel they can come to me if someone has treated them unfairly or has been racist towards them. I don't want any child to go through what I have been through. I can relate to them and teach them that the way they look, or talk, doesn't have to stop them doing or achieving anything. I hope because of my own experience I can teach them more.

What would be your top tips for supporting anti-racism practice in a childcare setting?

- Talk to the children. Be open and honest. It can be a daunting topic to teach but it is so important.
- Challenge negative stereotypes and find positive stories to share.
- Make it fun to experience other cultures.
- Be open yourself to trying new experiences and learning new things. Keep an open mind.
- Learn from others. There is so much to learn about different cultures. Imagine if all the people were the same, how boring would the world be?

[Read the full blog here](#)

Published by Josephine a registered childminder and PACEY member from Swansea.