

CWLWM Guidance

Guide to Food Information Regulations 2014



From December 2014, all childcare providers are required to comply with the EU Food Information for Consumers Regulation which is enforced in the UK by the Food Information Regulations 2014. The EU law lists 14 allergens that need to be identified if they are present in food or used as ingredients in a dish. This regulation sets out a requirement for all food businesses, including childcare providers, to provide information about the intentional allergenic ingredients used in any food that they provide.

Food allergens pose a significant risk to people who have food allergies, intolerance or coeliac disease which may be life threatening. Children are particularly vulnerable because they often have food choices made for them. Allergen information should be easily accessible and readily available to parents, and any children in your care who can make their own informed food choices.

As a childcare provider, it is your responsibility to ensure that you:

- provide allergen information about the food which you serve to parents/carers, and ensure that information is accurate, consistent and verifiable.
- update and maintain the information and make it available to parent/carers and local authority officers when requested.
- are able to confidently identify allergens in any dish you serve.
- check food labels regularly as manufacturers ingredients can change.

You can find a variety of support and resources to provide further clarification on the points set out on the Food Standards Agency Website:

www.food.gov.uk/business-guidance/allergen-guidance-for-food-businesses

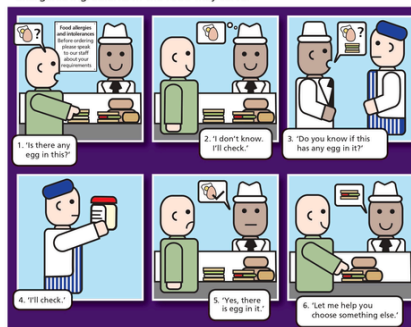
This can support you in implementing the necessary changes into your setting. Resources include a FREE online training course, a poster of the 14 allergens, a matrix for identifying allergens in your dishes, recipe cards and allergy cards that children can fill in.

If you require any more guidance on how this affects you please contact your Local Authority www.food.gov.uk/enforcement/find-food-safety-team

Allergen information links:
allergytraining.food.gov.uk/
www.food.gov.uk/safety-hygiene/food-allergy-and-intolerance

Think Allergy

When someone asks you if a food contains a particular ingredient – always check. From 13 December 2014, food businesses will need to provide information about allergenic ingredients in the food they serve.



For more information and advice about allergy, visit: food.gov.uk/allergy
 A booklet Allergen information for loose foods is also available to download.

www.food.gov.uk/sites/default/files/media/document/thinkallergy.pdf



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